

Newsletter for Belle Vue Primary & Nursery School



Help our school win a share of £12,000 by supporting us in the Express & Star Cash for Schools competition.

All you have to do is collect as many tokens as possible which will appear every day in the Express & Star newspaper until **Saturday 2nd April 2022**. You can pick up a copy at your local newsagent or supermarket.

The five schools with the most tokens collected per pupil, will walk away with a cash prize. The first placed school with the most tokens collected per pupil will scoop a whopping £5,000, followed by £3,000 for second, £2,000 for third and then two £1,000 awards, which will be presented to the fourth and fifth place schools.



Important Announcement

This Saturday, March 19th, there will be a special **SCHOOL BONUS token** appearing in the Express & Star, the **SCHOOL BONUS token** will count as **10 TOKENS!!**

Encourage family, friends, and neighbours to collect tokens on behalf of our school.



Local Elections—Thursday 5th May 2022

Due to the Local Elections school will be closed for all pupils on **Thursday 5th May** as we are a Polling Station.



School Uniform: We are now taking school uniform orders. If you would like to order any uniform please place your order via the School Money app by **Wednesday 23rd March**. Any orders placed after this date will not be ordered till next half term.

Thank you

School Lunches: Our catering providers have advised us that due to the implantation of Natasha's Law all meals have to be booked in advance. The kitchen will not cater for children whose meal has not been booked by **10am**. Our online system allows you to book until midnight the night before, if you are unable to book online please ensure that you ring the school office by **10am**. The office staff will then book a meal for your child.

Please be aware that if your child does not have a packed lunch or a meal booked by **10am**, the office staff will call parents/carers and ask them to bring a packed lunch to school.

SATs Week: Year 6 have their SATs week commencing **9th May**. It is really important that all Year 6 children are in on time and well rested for that week. As with any other day, can you please make sure your child has had a good nights sleep and eaten breakfast before they arrive to school.



DATES FOR YOUR DIARY

Friday 25th March	Year 3—The Stone Age Experience Day
Friday 8th April 2022	Last Day of Term
Monday 25th April 2022	First Day of Term
Monday 2nd May 2022	May Day Bank Holiday—School Closed
Thursday 5th May 2022	Whole School Closed for Voting
W/C Monday 9th May	SATs Week for Year 6
Friday 13th May	Year 2 Trip—The Black Country Museum
Tuesday 17th May 2022	Reception Trip to Bishops Wood
Friday 27th May 2022	Break up for Half Term
Monday 6th June 2022	Return to School
Wednesday 8th June 2022	Year 1 Trip—National Sea Life Centre
Wednesday 20th July 2022	End of Year
Thursday 21st July 2022	School Closed to pupils-Teacher Training (INSET)
Friday 22nd July 2022	School Closed to all—Queen's Jubilee

FAMILY SUPPORT UPDATE

Foodbank Appeal

As I mentioned in a previous update, we are now Foodbank voucher providers. If you are struggling with the increase in food and fuel prices then please contact me, as I may be able to help with food vouchers and some helpful advice.

We have decided to support the Foodbank by taking part in their '80 Can Challenge' and we would like to collect at least 80 items for them during Lent. I have attached a flyer with more details. If you would like to contribute, then please place the items in the large bag in the school office or send them into class with your child. The last date for contributing will be 1st April.

Easter Egg Appeal

Santa's Black Country Toy Appeal charity have decided to collect Easter Eggs this year for those families who are unable to buy an egg for their children. I have attached a flyer with more details. If you would like to donate an egg, then please contribute in the same manner as the food above. The last date will be 1st April. If you will struggle to purchase eggs for your children, then please let me know and I may be able to refer you to the charity for support.

Parenting Courses

We would like to run a Triple P parenting session which addresses sibling conflict and how to manage fighting and aggression. If you are interested in attending, please contact me via family@belle-vue.dudley.sch.uk. Once we have enough interest we will look at possible dates which suit those interested.

Support for Parents/Carers of Children with SEND

It has been lovely to welcome new members into our support group on a Tuesday morning. If you would like to join us, just contact me and I can provide you with more details.

The parents who currently attend are already busy supporting each other and thinking of ways to help other parents. They have created a collection of folders on Google Drive with many resources and places which provide advice and support. If you would like the link to the Google Drive collection, please let me know.

They have also found this fantastic website which provides a range of resources for various issues parents may encounter with children.

<https://www.camhs-resources.co.uk/downloads>

Some of the parents have enrolled on some free courses through this website to help them understand more about their child's needs.

<https://theskillsnetwork.com/>



WORLD AUTISM ACCEPTANCE WEEK

28th March - 3rd April 2022

One in 100 people are on the autism spectrum and there are around 700,000 autistic adults and children in the UK. We have many children on the autistic spectrum in our school and the parents in our support group would like to spread awareness and acceptance via this newsletter as part of Autism Acceptance Week. They have put the following information together and would like to take this opportunity to also express what it is like to have autism or be a parent of a child with autism.

The National Autistic Society are now in their 60th year of providing support, guidance and advice to, as well as campaigning for, the autistic community. This year, they're stepping up towards ACCEPTANCE, so that the focus is on the autistic individuals, and they are all celebrated. The following websites provide lots of information about autism.

National Autistic Society: www.autism.org.uk

NHS: www.nhs.uk

Tickets can also be purchased from the following link for the Autism Show at the NEC in June. As well as having lots of stalls selling fantastic resources, there are many speakers passing on a wealth of knowledge.

<https://birmingham.autismshow.co.uk/>

World Autism Acceptance Week

28 March – 3 April 2022

I wonder when people look
Are you curious or nosey?
If only they knew
Our life is far from rosey!

It's hard as a Mom,
When nothing you do is right.
And everything you say
Is met with a fight.

Oh she's just misbehaving
It's just boundaries she needs...
That's not her though, you see
In fact, it's Special Needs.

So when she's really struggling
And you find yourself thinking wow
Spare a thought for Mom and
Daughter
That's Autism taking a bow

There's a whole entire Spectrum
Of amazing boys and girls
They're full of possibilities
My daughter. My world.

As a child, and growing up, I never fit in, I always felt the odd one out, I had few friendship groups, but never felt I clicked into place with any of them. I was a very anxious child and could not cope if teachers shouted, or things in school changed.

After school, I started college, which was a disaster, and I ended up in a deep depression, seeing my peers getting jobs on the side and I was struggling to keep up with the workload and the social expectations. I ended up dropping out and getting a job. I was put on antidepressants, which took the edge off my depression and anxiety, but a lot of things that were easy for everyone else were such hard work for me, and would leave me exhausted and burnt out. With the rise of social media, I found it much easier to make and keep friends online, as there comes little social expectations from this, and I can stay in my home, my safe place. It was one of these friends who suggested I perhaps am autistic. How I laughed at this.

I did then start reading a little more about autism, and a lot of things made sense to me. But still, I couldn't be autistic, could I?

After another medication change, I brought it up with my GP that I thought we might just be treating symptoms of something else, rather than "just" depression and anxiety and she agreed, and I tentatively mentioned autism, and she said she didn't know why she hadn't thought of that before, and it made complete sense to her.

I have recently been diagnosed with ADHD, and am awaiting an official autism diagnosis, the waiting lists have been long, but it feels better to have answers, and to now be more aware of things, and I'm also learning to be more gentle with myself, and know that I'll need time to recover after large social events, and I'm slowly finding my people in real life who I can be my genuine self around, without having to wear the social mask.



WHAT YOU COULD DO:

Try to **T**each
Please **h**ave respect
Be **i**nclusive
Do **n**ot stare
Be **k**ind

WHAT THEY HAVE TO DO:

Struggle to **A**sk for help
Cope with an **U**nsettled routine
Trouble expressing **t**hemselves
ASD affects **i**ndividuals differently
Inability to **S**ocialise
Cope with **m**eltdowns



Do something different for Lent in 2022 - join in our 80 can challenge!

Foodbanks are facing more pressure as energy costs soar, food prices increase and many face financial worries. We hope to be able to support people through these difficult times and can only do that with the incredible support we receive from our donors. Please join our 80 Can Challenge!

Lent lasts 40 days and 40 nights so we challenge as many of you as possible to collect and donate 80 cans/packets of food to Black Country Foodbank.

This challenge can be taken up in the workplace, at school, in your church community, faith community, at home with your family or neighbours or in those clubs and societies that you are members of.

How you do it is up to you, but please be encouraged to take up the challenge!

For suggestions as to what you can donate please see the list below:-

- 1L CARTONS OF UHT MILK
- 1L CARTONS OF FRUIT JUICE (FROM CONCENTRATE)
- JARS OF COOKING SAUCE
- PACKETS OF MASHED POTATOES
- JAM/MARMALADE
- SMALL JARS OF COFFEE
- TINNED FRUIT
- TINNED MEAT (HAM/CORNERED BEEF)
- INSTANT NOODLES
- PKTS BISCUITS
- BATH SPONGES/FACE CLOTHS
- SHAMPOO
- SHOWER GEL
- DEODORANT
- SHAVING FOAM
- TOILET ROLL
- SINGLE TOOTHBRUSHES
- TOOTHPASTE
- HANDWASH
- CAN OPENERS

It need not just be cans – packets and toiletry items are needed too.

Once you have collected your items if you would like us to collect them, please contact admin@blackcountryfoodbank.org.uk or phone 01384 671250

For more information, please see our website www.blackcountryfoodbank.org.uk





Friday 11th March myself and 7 boys attended a football tournament at the Wolves Indoor Dome. We had a great afternoon and everybody played brilliant. We won one game, drew two games and unfortunately lost one game. We didn't make it through to the next stages but we all took part, represented the school respectfully and did our best.



We have two upcoming matches! we have our next league game here at home against Fairhaven on **Monday 21st March** and another match on **Monday 28th March** at **Alder Coppice School**. These two matches the teams have been picked on high abilities.

Year 4&5 started their after-school clubs on Friday and Wednesday. All children have had a fantastic time with myself and Mr Hughes and they look forward to their next sessions.

There are spaces still available for 4W After School Club on a **Wednesday 3:30-4:30**. This will start week commencing **09/05/22**. If your child would like to attend please see the office to add their names to the list.

Please make sure your children have brought back their PE kit as we are having children who do not have their kit for PE in school. All children need to have a pair of pumps and trainers in school, as it is not safe for children to be doing PE in their school shoes. Unless their kit is dirty or wet please can we keep kits in school.

Indoor and outdoor kit needs to be in school every week as we will be doing as much PE outside as we can. Children are also able to wear coats, gloves, hats, snoods or scarfs if this wish too. It is essential that all children have trainers to wear outdoors as school shoes are not permitted and pumps are not ideal.

- * **Indoor PE kit:** white t-shirt, red short and pumps.
- * **Outdoor PE kit:** Black/Navy or Grey joggers, hoodie or jacket, white t-shirt and trainers.

If they attend after school clubs and go home in their PE kits please ensure PE kits are returned.

PE days for the children;

Year 1 PE days – Tuesday afternoon and Friday morning.

Year 2 PE days – Wednesday morning and Friday afternoon.

Year 3 PE days – Monday morning and Tuesday morning.

Year 4 PE days – Thursday afternoon and Friday afternoon.

Year 5 PE days – Wednesday afternoon and Friday afternoon.

Year 6 PE days – Monday morning, Thursday morning





EASTER EGG APPEAL



Kids don't just miss out at
Christmas!

Please help us collect Easter Eggs
for children who may not
get one this Easter



We are collecting eggs until 5th April 2022


 **Santa's** 




Black Country Toy Appeal

Please get in touch to find your nearest
collection point or drop us a message

 [santasbctoyappeal](https://www.facebook.com/santasbctoyappeal)

 07860 644468

 santabctoyappeal@gmail.com



**ACE COACHING
PRESENTS**

FOOTBALL & INVASION GAMES EASTER EGGSTRAVAGANZA

WHEN

COURSE 1

Monday 11th - 14th April

COURSE 2

Tuesday 19th - 22nd April

(Focusing primarily on the sports
Football, Dodgeball, Netball and Handball)

**OPEN TO BOYS AND GIRLS
FROM RECEPTION TO YEAR 6**

WHERE

CRESTWOOD SCHOOL &
6th Form, Bromley Lane,
Kingswinford, DY6 8QG

COST

**ONLY £65 IF YOU BOOK ALL WEEK
OR £20 PER DAY**

TIME

Each day 9.00am - 3.00pm

ACE OFFER 1

Bookings & payments received by
Friday 1st April will receive a
£10 DISCOUNT!
Offer only applies when booking a full
week on to an Ace Coaching Football
and Invasion Games Course.

ACE OFFER 2

Family & friends - Book in a
brother, sister, family member
or friend by Friday 1st April

FOR ONLY £55

Offer only applies when booking a full
week on to an Ace Coaching Football
and Invasion Games Course.

*Please note that the £10 discount in
Ace Offer 1 is not available to use in
conjunction with Ace Offer 2*

ACE OFFER 3

COURSE MULTI SAVER

Book both courses for only
£100 PER CHILD
if booked by
Friday 1st April

PLEASE ENQUIRE IF YOUR CHILD IS 4 YEARS OLD AS SESSION TIMES MAY DIFFER

**ALL PLAYERS MUST BRING A PACKED LUNCH, SUITABLE CLOTHING,
TRAINERS, SHIN PADS AND LOTS OF NON-FIZZY DRINKS!**

Daily awards to players, winners medals, trophy awards & certificates presented to the children at the end of the week in our ace coaching presentation @ 2:45pm, parents welcome.

FOR ALL BOOKINGS AND ENQUIRIES

PLEASE CONTACT HEAD COACH RYAN LAMB

EMAIL: RYE.ACE@HOTMAIL.CO.UK, TELEPHONE: 07891 297861

OR VISIT OUR FACEBOOK PAGE - ACE COACHING LTD

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ACE COACHING FOOTBALL & INVASION GAMES EASTER EGGSTRAVAGANZA @ CRESTWOOD SCHOOL 2022

Please complete the form below & payment by BACS, cash or cheque made payable to (Ace Coaching Ltd) to the address below. Please also circle and state what day/s your child will be attending.

Full payment must be received to guarantee your child's place.

No monies, no place, sorry. Payments are non-refundable.

BACS DETAILS: Ace Coaching Ltd SORT CODE: 09-01-29 ACCOUNT No: 18265776

My child will be attending the Football & Invasion Games Course on these dates:

.....
.....
NAME:..... **AGE:**.....

SCHOOL:.....

ADDRESS:.....

.....
.....
POSTCODE:.....

MEDICAL CONDITIONS:.....
.....

EMERGENCY CONTACT No

SIGNED:..... (PARENT/ GUARDIAN)

To enable us to keep you informed with our holiday courses & activities, please check the box to opt in to receive text notifications

By completing & returning this form means that you are accepted and enrolled onto the course.

Photographs/videos may be taken of the children for publicity, training, progression and/or advertisement purposes. Please be assured that your child and school will NOT be named and your details are protected securely under the Data Protection Law. Please check the box if you opt in to your child's photograph being taken.

Reg Office: 120 Beachcroft Road, Wall Heath, Kingswinford, W.Midlands DY6 OHU

Ace Coaching Limited are registered members of Dudley SISS Ace Coaching Limited only use Facebook as a networking page

Ace Coaching Ltd Company Registration No. 7056961